

SIMPLE IDEAS TO STIMULATE

Creativity

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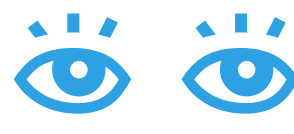
travel to new places  




remember good moments when bad things happens 

do what you most **Love** 

play games 

say every day I am a creative person 

look around 

go for a walk   

take breaks and have some fun 

be proud  when you do something good

plan and calculate things 

look for shapes and characters in the clouds 

exercise your creativity every day 

be brave! and do what you never dare 

write your dreams 

read something new 

make friends from different countries 

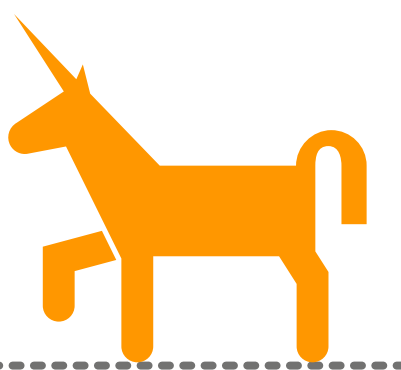
make a list of 10 impossible things and then think of how it can be possible 

change the way that you make things 

build a collection



watch and read fantasy



link a sport to your job



write ideas and then check if they happen 

think about how its made something that you use 

wear a colour that you don't like 


sing a song anytime 

try new food 

visit your grandparents and listen their stories 

link a song to your work 


try different answers to normal questions 

make relations between people ideas or facts 

learn more, in that way you build your view 

ask and listen the way that children solve problems 

wait and think what are you doing for yourself 

meditate, give and be grateful 

take notes, write histories and make draws 

ask yourself why things are like that 